ADJECTIVES IN -ED / -ING

A1 — Beginner

English Grammar Worksheets | Participial Adjectives: bored / boring • Feelings vs Causes • Use in Context

4 Worksheets: Feelings and Things • Choosing -ed or -ing • Questions & Answers • Writing | Answer Key Included

Worksheet 1: Feelings and Things

Name: _____ Date: _____ Level: A1 (CEFR)

-ed tells us how a person **feels**: *I am **bored**.*
-ing tells us what a thing is **like**: *The film is **boring**.*

Reference: Five Pairs

How I feel (-ed)	What it is like (-ing)
bored — I am bored.	boring — The lesson is boring.
tired — She is tired.	tiring — The trip is tiring.
excited — We are excited.	exciting — The game is exciting.
interested — He is interested.	interesting — The book is interesting.
surprised — I am surprised.	surprising — The news is surprising.

Exercise A – Person (P) or thing (T)? Write P or T.

1. bored ( )

2. exciting ( )

3. tired ( )

4. interesting ( )

5. surprised ( )

6. boring ( )

Exercise B – Circle the correct word.

1. The film is bored / boring.

2. I am tired / tiring today.

3. The game is excited / exciting.

4. She is interested / interesting in music.

5. The trip was tired / tiring.

6. We are surprised / surprising.

Score: _____ / 12

Worksheet 2: Practice: -ed or -ing?

Name: _____ Date: _____ Level: A1 (CEFR)

Exercise A – Complete with a word from the box.

bored boring excited exciting tired interesting

1. It is my birthday tomorrow! I am very _____ .

2. This book is _____ . I want to read more.

3. The football match was _____ . We loved it!

4. I have nothing to do. I am _____ .

5. The lesson is long and _____ .

6. She worked all day. Now she is _____ .

Exercise B – Match the sentence halves.

1. The film was long and	a. excited about the party.
2. The children are	b. tiring.
3. I am interested	c. boring.
4. The long walk was	d. surprised by the present.
5. My mother was	e. in animals.

Score: _____ / 11

Worksheet 3: Questions and Answers

Name: _____ Date: _____ Level: A1 (CEFR)

We ask: ***Are*** *you bored?* ***Is*** *the film interesting?*
We answer: *Yes, I am. / No, it isn't.*

Exercise A – Circle the correct word in each mini dialogue.

1. "Are you bored / boring?" — "Yes, I am. This TV show is bored / boring."

2. "Is the book interested / interesting?" — "Yes, it is!"

3. "Are the children excited / exciting?" — "Yes, very!"

4. "Was the journey tired / tiring?" — "Yes, and now I am tired / tiring."

5. "Are you surprised / surprising?" — "No, I'm not."

Exercise B – Write a short answer about you. Example: "Are you interested in sport?" → "Yes, I am." / "No, I'm not."

1. Are you interested in music?

_____

2. Is your school boring?

_____

3. Are you tired today?

_____

4. Is football exciting for you?

_____

Score: _____ / 11

Worksheet 4: Writing about Me

Name: _____ Date: _____ Level: A1 (CEFR)

Part A – Complete the sentences about you.

1. I am bored when _____ .

2. I am excited when _____ .

3. _____ is very interesting.

4. _____ is boring for me.

5. I am tired after _____ .

Part B – Write 4 sentences about films, books, sport or school. Use two -ed words and two -ing words.

_____

_____

_____

_____

_____

Score: _____ / 9

Answer Key & Teacher Notes

For teacher use only

Worksheet 1

#	Item	Answer / Guidance
A	P or T	**P, T, P, T, P, T**
B	Circle	**boring, tired, exciting, interested, tiring, surprised**

Worksheet 2

#	Item	Answer / Guidance
A	Box gap fill	**excited, interesting, exciting, bored, boring, tired**
B	Matching	**1-c, 2-a, 3-e, 4-b, 5-d**

Worksheet 3

#	Item	Answer / Guidance
A	Dialogues	**1 bored / boring; 2 interesting; 3 excited; 4 tiring / tired; 5 surprised**
B	Short answers	**Accept Yes, I am / No, I'm not; Yes, it is / No, it isn't.**

Worksheet 4

#	Item	Answer / Guidance
A/B	Open answers	**Check: -ed for feelings of people, -ing for things/activities. Accept any sensible completion.**