Movement and speed

VOCABULARY PRACTICE

PRE-INTERMEDIATE | A2-B1

Name: _____ **Date:** _____

1 Match each movement word with its meaning.

1 walk	____	a move quickly on foot
2 run	____	b move towards the ground without control
3 crawl	____	c move at low speed
4 climb	____	d move on hands and knees or close to the ground
5 fall	____	e change direction
6 turn	____	f move upwards using hands and feet
7 fast	____	g move at high speed
8 slow	____	h move on foot at a normal speed

2 Complete the movement expressions.

around | down | forward | quickly | speed | still | straight | up

1 move _____

2 slow _____

3 stand _____

4 go _____ the stairs

5 turn _____

6 walk _____ ahead

7 increase your _____

8 move very _____

3 Choose the correct word or phrase.

1 A car can move *fast / still*.

2 A baby may *crawl / climb speed*.

3 To stop means to *stand still / move forward*.

4 A lift moves *up and down / around fast*.

5 A runner is usually *faster / slower* than a walker.

6 We *turn / fall* left at the corner.

7 The cyclist reduced her *speed / direction up*.

8 A stone may *fall / walk* to the ground.

Movement and speed

VOCABULARY PRACTICE

PRE-INTERMEDIATE | A2-B1

4 Complete the race report with words from the box.

fast | fell | forward | quickly | slow | speed | turned | up

The runners moved **1** _____ from the starting line. Mia began at a **2** _____ pace, then increased her **3** _____. She moved **4** _____ through the first section and **5** _____ left at the corner. Another runner **6** _____ but got **7** _____ again. Mia finished very **8** _____.

5 Read the text. Write T (true) or F (false).

Average speed

Speed tells us how quickly something moves. To find average speed, divide the distance travelled by the time taken. If a cyclist travels 20 kilometres in one hour, the average speed is 20 kilometres per hour. The cyclist may move faster on some parts and slower on others, so average speed does not describe every moment.

1 Speed describes how quickly something moves. T / F

2 Average speed is distance divided by time. T / F

3 20 km in one hour is 10 km/h. T / F

4 A cyclist always moves at one speed. T / F

5 Some parts of a journey may be slower. T / F

6 Average speed describes every moment exactly. T / F

6 Rewrite using the word in capitals.

1 The car began to move more slowly. **SLOWED** _____

2 She moved rapidly towards the door. **QUICKLY** _____

3 The lift went towards the top floor. **UP** _____

4 The child did not move. **STILL** _____

OVER TO YOU

Write **70-90 words** describing a journey, race or moving object from start to finish.

[ ] Use at least eight target words. [ ] Describe changes in speed. [ ] Present movement in order.

Movement and speed

ANSWER KEY

1 Movement words

1 **h** 2 **a** 3 **d** 4 **f** 5 **b** 6 **e** 7 **g** 8 **c**

2 Movement expressions

1 **forward** 2 **down** 3 **still** 4 **up** 5 **around** 6 **straight** 7 **speed** 8 **quickly**

3 Correct choices

1 **fast** 2 **crawl** 3 **stand still** 4 **up and down**
5 **faster** 6 **turn** 7 **speed** 8 **fall**

4 Race report

1 **forward** 2 **slow** 3 **speed** 4 **quickly** 5 **turned** 6 **fell** 7 **up** 8 **fast**

5 Reading - suggested answers

1 **T** 2 **T** 3 **F** 4 **F** 5 **T** 6 **F**

6 Rewriting - possible answers

1 The car **slowed** down. 2 She moved **quickly** towards the door. 3 The lift went **up**. 4 The child stood **still**.

Over to you: Answers will vary. Check movement verbs, speed language and sequence.